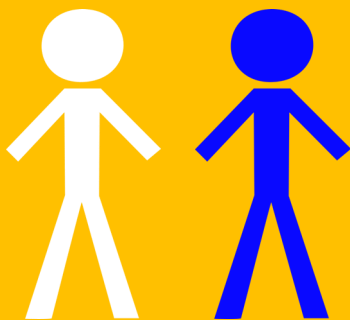


**United Way**



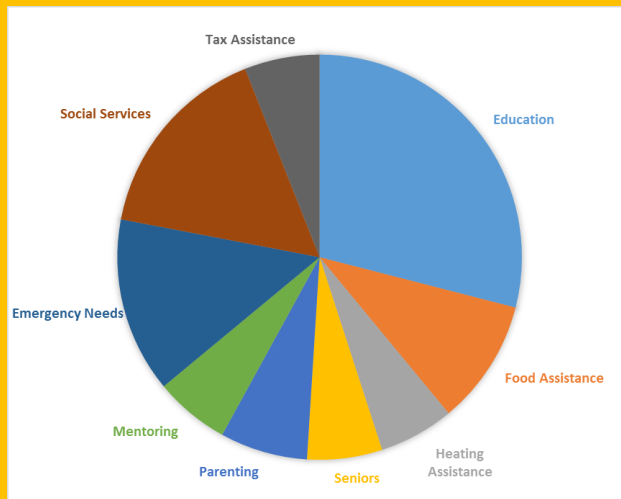
*Alone we can do so little; together we can do so much ~ Helen Keller*

**United Way of Aroostook**



**ALL** donations stay in The County unless otherwise directed by the donor.

United Way of Aroostook impacts **1 of every 2** people living in Aroostook County through our programs and funded agencies.



Through the Aroostook CA\$H Coalition, **807** Aroostook County households received free tax assistance this year, refunding over \$800,000 back to our communities. In 2018, Aroostook CA\$H became the largest coalition in Maine.

United Way of Aroostook has sent over **100,000** books to County children through Dolly Parton's Imagination Library. Any child birth to age 5 is eligible at no charge. This program is locally funded.



United Way of Aroostook is currently funding over **30** community programs and agencies to improve lives in Aroostook County.

**INCOME**

**EDUCATION**

**HEALTH**



In 2017, Over 1,000 calls were made to 2-1-1 by Aroostook County Citizens, connecting them to needed resources.

**Contact us today at 764-5197 to see how you can become involved.**



**Highlighted below are the agencies currently being funded by United Way of Aroostook. These agencies all support and strengthen children, families, seniors, and those struggling to meet basic needs.**

**[ACAP Early Care and Education](#)**

Provides quality early child care and education services to children six weeks to six years.

**[ACAP-Partnership of Workforce Development and AMHC](#)**

Providing services and resources that help individuals achieve greater economic independence by connecting people receiving clinical care to workforce specialists.

**[ACAP WIC](#)**

Provides healthy foods, nutrition, education, screening and health care referrals to eligible pregnant and post-partum women, nursing mothers, infants and children under five years of age.

**[Adopt-A-Block of Aroostook](#)**

Meets physical and emotional community needs through individualized programs and partnerships with existing agencies to provide a consistent continuum of care.

**[American Red Cross](#)**

Delivers help, hope, and healing to people affected by disaster, providing emergency assistance to clients.

**[Aroostook Area Agency on Aging-Nutrition Services](#)**

Provides nutritionally balanced meals to homebound older people and some younger disabled people who are unable to prepare meals for themselves. Also provides congregate meals and food assistance at centers in Aroostook County.

**[Aroostook Retired & Senior Volunteer Program](#)**

Assists local nonprofits and service agencies with volunteers, who in turn make a difference where they are volunteering.

**[Aroostook Council for Healthy Families-Maine Families Aroostook](#)**

Promotes child and family well-being, supporting expectant families and families of newborns.

**[Aroostook Council for Healthy Families- Raising Stronger Families](#)**

Provides parent support and education through classes, trainings and written materials to strengthen parenting skills.

**[Boys and Girls Club of Presque Isle](#)**

Seeking to help our community's youth become responsible, caring, productive citizens through academic support, enrichment, and remediation.

**[Catholic Charities Maine Home Supplies and Food Bank](#)**

Provides 24 food pantries in Aroostook County with nutritious foods to improve the health of low income pantry clients.

**[Central Aroostook Association](#)**

Teaches necessary skills to improve quality of life and improve independence by providing the necessary supports.

**[Grace Interfaith Food Table](#)**

Provides food to individuals and families with temporary unmet nutritional needs.

**[Homeless Services of Aroostook](#)**

Provides a safe, alcohol and drug-free facility for families with children and individuals to live in while getting connected to community resources to meet their needs.

**[Hope & Justice Project](#)**

Provides Serves self identified victims and survivors of domestic abuse and violence, dating abuse and violence, and stalking in their families and dating relationships by providing comprehensive services.

**[Putnam House](#)**

Provides a senior center which builds community in the region for the aging population, promoting education, socialization, fitness, food, and fun.

**[St. John Valley Association](#)**

Empowers adults with developmental disabilities in the St. John Valley to achieve their maximum potential.

**[The Salvation Army](#)**

Provides assistance with basic needs to those in the community. In addition to monetary assistance, financial counseling and money management skills training are offered to increase self-sufficiency.